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CARBOHYDRATE AND METABOLIC RESPONSE

To High-Protein, High-Fat Diets

CARBOHYDRATE	LIVER FAT	LIVER CHOLESTEROL	SERUM CHOLESTEROL
	G	G	MG%
DEXTROSE	3.2	0.7	417
SUCROSE	5.3	1.1	246
STARCH	1.8	0.3	239